Evidence suggests that universal screening is the most fair and unbiased method to identify low income and underrepresented minority students for gifted programming. Universal screening is a process where all students in a given grade are administered a common measure (or set of measures) of abilities and characteristics that indicate a need for specialized services not offered within the regular classroom. Often the universal screener is a brief measure of general ability used to identify a subset of students who are then administered a larger battery of assessments to further inform the identification decision. Research has consistently shown that universal screening improves the representation of minority students and girls in gifted and talented services by relying on an objective test rather than subjective parent and teacher referrals. The goal of this issue of Cognitively Speaking is to discuss some of the common processes and missteps in this type of universal screening.

Note: In the Winter 2007 issue of Cognitively Speaking, Dr. David F. Lohman addressed identification practices and diversity. In this issue of Cognitively Speaking, we revisit some of his writings as related to the important topic of universal screening. We hope you find this updated and expanded perspective on the subject helpful.

Value of Universal Screening

Researchers and practitioners have long been concerned with increasing the diversity and representativeness of gifted and talented programs. Universal screening is one practice with a substantiated effect on diversity.
Not All Screeners Are Created Equal

Once universal screening is adopted, the choice of screening tools is critical. There is still widespread hope among educators that there will be some kind of “silver bullet” assessment that will see through the inequity and disparities of our society and educational opportunity (Callahan, 2009). The search for a culture-fair assessment that will identify equal proportions of students from all demographic groups continues. This explains the well-intentioned—but ultimately problematic—practice of using a “nonverbal” figural matrices assessment as the universal screening instrument.

One of the most pervasive misunderstandings about ability testing is the belief that all measures of general ability are more or less interchangeable, such that the scores from the Wechsler multidimensional full battery IQ test would be nearly identical to the score from the Raven’s Progressive Matrices. This is not the case. Even though figural reasoning tests such as the Progressive Matrices (Raven, Court, & Raven, 1983) are good measures of general ability, they are not interchangeable with selection tests that use verbal and quantitative content. Note that we are using the term figural reasoning to describe these measures rather than the more common label of nonverbal. Nonverbal is a more general term that refers to the administration conditions and does not describe the tasks themselves or the abilities they measure.

Any single test item format (including figural matrices) is just one type of task and does not assess the wide variety of reasoning tasks on which a highly able student can demonstrate aptitude. The field of human abilities widely accepts that to measure general ability well requires averaging performance across a number of test tasks. This is what a multidimensional test, like CogAT®, does by measuring students’ verbal, quantitative, and figural reasoning abilities. Measuring ability with just a single format magnifies the influence of the narrow skills needed to solve a particular type of reasoning puzzle. By assessing across various types of tasks that require different types of skills and creating composite scores, we get a strong measure of general ability that is a good predictor of academic outcomes. Further, not only are scores on a single figural task influenced heavily by specific skills, but unlike verbal and quantitative tasks, these specific skills have little relevance to success in school. We will explore this issue next.

When General Ability Is Reduced to a Single Item Format

Despite some pervasive beliefs, research has repeatedly shown that the predictors of academic excellence are generally the same for minority and majority students. In academic fields, the best predictors are (1) prior achievement in the area of study; (2) the ability to reason in the symbol systems (language, numbers, music notation, etc.) used to communicate knowledge; (3) interest in the subject area; and (4) the ability to persist in a given instructional context. Note that each of these factors depends on the context of what is being learned. The more abstract and remote the measure of potential, the less relevance it has to success.

Paradoxically, selecting students based on figural reasoning tests eliminates the majority of academically high-achieving students in all ethnic groups. Compared to verbal reasoning ability, figural reasoning is a relatively poor predictor of success in academic learning for all ethnic groups. The CogAT Verbal Battery is a much better predictor of success in reading than the Nonverbal (figural) Battery, even for English learner students (Lakin, 2012). In the general population, fewer than one-third of students who obtain scores above the 97th percentile on the Nonverbal Battery obtain similarly high scores on achievement tests in reading, math, science, or other academic domains.

Importantly, figural (e.g., “nonverbal”) test results show a negative relationship with success in school once we control for general ability. For example, students who score significantly higher on the CogAT Nonverbal Battery than on its Verbal and Quantitative batteries actually do less well in school than students who show a relative weakness on the Nonverbal Battery. The pattern of relatively higher Verbal and Quantitative scores with a relatively lower Nonverbal score is particularly common among African American students (Lohman, 2005). This means that screening students based on high figural (nonverbal) scores will eliminate many of the most academically capable African American students.

On the flip side, serving students with strengths in figural reasoning when administered with quantitative reasoning tests and used to predict success in mathematics, physical sciences, or technical domains such as computer programming. In other words, figural reasoning is a good supplemental measure of ability, but it is not interchangeable with comprehensive measures of general ability.
CogAT Screening Form with Multiple Formats

Following Dr. Lohman’s work on nonverbal tests as part of an identification procedure, the author team has introduced an important new feature with the introduction of Forms 7 and 8: The CogAT Screening Form. The CogAT Screening Form takes 30 to 45 minutes to administer and provides a reliable estimate of general ability. It does this by averaging student performance across three analogies formats using verbal, quantitative, and figural symbol systems. Importantly, we designed the Screening Form for Grades K–2 (Levels 5/6 to 8) with multiple item formats to measure general ability using completely nonverbal item formats. In other words, we have developed methods to assess verbal and quantitative reasoning without requiring students to understand a specific language from the teacher. In this way, the Screening Form offers a nonverbal testing environment without limiting itself to the figural matrices format common to other brief group-administered tests. Analogies item types were selected to make the assessment as intuitive as possible for young students.

The Screening Form is efficient and reliable as a brief universal screener to identify students for further consideration. However, the full value of CogAT administration is only realized when the entire battery is administered, so that Battery level scores can be calculated, relative strengths and weaknesses compared, and the CogAT Ability Profile reported. When the three-subtest Screening Form is administered as an initial step, the remaining six subtests can be administered to those selected in the universal screening step to provide full CogAT scores. See our past webinars and newsletters about differentiating instruction using the CogAT Ability Profiles, which contrast students’ ability in verbal, quantitative, and nonverbal domains to provide useful information to classroom teachers on how to differentiate instruction for students.

Following Up Universal Screeners

Universal screening is never the end of the story in planning differentiated instruction for identified students. Although assessing general reasoning abilities is commonly a first step in identifying students in need of specialized instruction, it rarely provides all of the information needed about students’ instructional needs. Therefore, another important consideration in planning any identification policy is to ensure that the complete identification process aligns with the services that will actually be provided to students.

Schools should continuously evaluate and improve their assessment and educational practices. Introducing universal screening for gifted and talented programs is a meaningful and positive step to take. The next step is to use the screening information to improve instruction for all students and to give students the opportunity to develop the skills measured by ability tests prior to testing (via practice and early enrichment experiences).

Conclusion

For many years now, Dr. Lohman and I have argued for an evidence-based approach to identification that promotes equity and proportional representation for gifted programs. We have an extensive research base showing how narrowly focused measures of ability, such as single-format, nonverbal, figural matrices assessments, can actually harm efforts to promote equity and diversity. See the Additional Resources section for links. The modifications and improvements of CogAT Forms 7 and 8 reflect this work and provide enhanced resources for teachers. To wrap up, here are a few recommendations:

• Use universal screening rather than referral to initiate consideration for gifted programming. If you must use referral, cast a broad net and provide professional development to teachers on implicit bias and evidence-based definitions of gifted characteristics.

• Use a well-developed, multidimensional ability test for identification and consider allowing students to qualify for services on the basis of any one Battery score, rather than only considering the composite (VQN) score.

• Use the free CogAT practice activities in the classroom to provide all students with a chance to familiarize themselves with the tasks before testing.

• Be sure that your identification process is aligned with the program characteristics. For example, if the focus of a program is mathematics, then the QN composite rather than VQN is most appropriate. See my upcoming article in Teaching for High Potential for more on this topic.

• Refer to the free CogAT Guide to Differentiating Instruction to better understand how student performance on CogAT relates to their instructional needs.
Literature Cited


Additional Resources


It is critical that school personnel not confuse higher nonverbal scores of minority students with a fair assessment of their academic aptitudes. This may in fact reflect normative issues and other problems with the assessments (Lohman, 2005).

Levels 9 and above also have a nonverbal screener option where the Verbal Analogies section is omitted. The full screener should be used for most students at these levels. Exceptions would include English learner students.

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